



Vegelax[®]

Natural Bowel Regulator

• PRODUCT DESCRIPTION

Vegelax[®] is all-natural, gentle support of the bowel function in cases of improper diet, low fluid consumption, stress, consumption of certain types of medicines and other factors affecting the digestive system's efficiency. **Vegelax[®]** helps prevent discomfort associated with constipation without any associated loss of fluids or electrolytes. **Vegelax[®]** is completely natural and its effectiveness is not accompanied by any undesirable side effects.

Vegelax[®] is a combination of aloe with a number of other non-irritating natural ingredients. Its main component is Indian Gallnut or Jalap (*Operculina turpethum* or *Ipomoea turpethum*), a very good natural purgative used in many combinations. Jalap's properties are enhanced by several other botanicals such as Haritaki (*Terminalia chebula*), a very safe and effective purgative.



• MAIN INGREDIENTS

Himalaya ProSelect[®] formulas are derived from traditional ayurvedic remedies whose key ingredients are combined to achieve safe and synergistic effects. One active ingredient may be buffered by others while certain ingredients play the role as adjuvants, by strengthening the digestive system or helping to remove wastes. Others are included to increase bioavailability and enhance absorption. No single active constituent has the broad activity of the entire plant and no single plant has the activity and safety of carefully formulated blends.

- **Jalap** (*Ipomoea turpethum*) - Mild laxative.
- **Haritaki** (*Terminalia chebula*) - Safe and effective purgative that promotes regularity.
- **Wild chicory** (*Cichorium intybus*) - Powerful hepatic stimulant, increases bile secretion, and promotes digestion.
- **Negro coffee** (*Cassia occidentalis*) - Promotes normal bowel movement.
- **Black nightshade** (*Solanum nigrum*) - Promotes liver and kidney health.
- **Licorice** (*Glycyrrhiza glabra*) - Tones up intestines. Rich in flavonoids.
- **Ginger** (*Zingiber officinale*) - Widely used, tasty condiment. Stimulant of the gastrointestinal tract.



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• RECOMMENDED DOSAGE

Presentation: 50 Capsules

Directions for Capsules Take 2 capsules before bedtime. Ensure sufficient fluid intake.

Caution: Keep out of direct light and reach of children.

• KEY RESEARCH

According to the traditional ayurvedic holistic approach, **Vegelax[®]** addresses more than the symptoms, and the formula also contains elements that have a general tonic effect for the entire digestive function and have been well documented to soothe the gastrointestinal tract: Chicory (*Cichorium intybus*), Licorice (*Glycyrrhiza glabra*) which are known to be mild laxatives that soothe and tone the mucous membranes and relieve muscle spasms and Ginger (*Zingiber officinale*) whose use in digestive diseases has been well documented by helping bowel movements and relaxing the muscles controlling the digestive system.

Unlike many laxatives that have strong astringent properties and tend to cause the "laxative habit" or dependency on laxatives for promoting bowel movements, **Vegelax[®]** is non-habit forming and gently tones the body's own muscular mechanism of normal evacuation.

Vegelax[®] has been shown in clinical studies to be very effective during pregnancy - Probe Vol. XVIII, No. 2 Jan-Mar. 1979, pp. 93-95.

• OUR DEDICATION TO SCIENCE AND QUALITY

We are dedicated to providing safe and effective natural health products that help "defy aging" and enhance life, naturally. Our scientifically validated natural formulas come from The Himalaya Drug Company, founded in 1930 and a worldwide leader in modern adaptation of an age-old tradition. Rooted in Ayurveda, the Science of Life and Longevity, our carefully balanced herbal blends have been subjected to the modern scrutiny of clinical testing to prove their unparalleled benefits in gently addressing all health concerns. All Himalaya ProSelect[®] formulas are produced to pharmaceutical quality standards in state-of-the-art facilities and "fingerprinted" for consistency by the most sophisticated chromatographic quality control techniques.

• OUR GUARANTEE

At **Himalaya USA[®]**, we focus on science, quality and proven performance, not on esoteric tradition or trendy supplements. Our products have been marketed worldwide for decades and are endorsed by over 200,000 health professionals. We unconditionally guarantee our "Natural Bowel Regulator Formula" for your complete satisfaction.

Monarch
ESSENTIALS

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These statements have not been evaluated by the FDA.
This product and the information provided are not intended to diagnose, treat, cure,
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