



Geriforte®

Anti-stress and Rejuvenative

PRODUCT DESCRIPTION

Many health conditions are now well understood to be stress-related, and coping with the consequences of stress is fast becoming a cornerstone of health and well-being. **Geriforte®** is a completely natural product that regulates and balances all the body's organs and systems for comprehensive health maintenance. It delivers an extremely broad range of health benefits which are well documented by extensive research. This ultimate general fitness product helps everyone handle daily stress. It provides several vitamins and minerals from natural sources, has strong antioxidant properties that are the key to its anti-aging benefits, and improves hormonal effectiveness, the key to its menopausal benefits.

Many studies have uncovered definite evidence of its effectiveness in stress-related conditions like premature aging, fatigue, insomnia or emotional imbalance. **Geriforte®** is the ultimate physical and mental restorative that keeps the body mentally alert and physically fit. It is the prime example of the elaborate science of using herbs as rejuvenating tonics.



Himalaya ProSelect® formulas are derived from traditional ayurvedic remedies whose key ingredients are combined to achieve safe and synergistic effects. One active ingredient may be buffered by others while certain ingredients play the role as adjuvants, by strengthening the digestive system or helping to remove wastes. Others are included to increase bioavailability and enhance absorption. No single active constituent has the broad activity of the entire plant and no single plant has the activity and safety of carefully formulated blends.

- **Chyavanprash** - Effective rejuvenative, rich in antioxidant Vitamin C. Cornerstone of broad health and anti-aging regimen.
- **Mineral Pitch (Shilajeet)** - Tar-like purified exudate of mineral origin; balanced general tonic.
- **Ashwagandha (Withania somnifera)** - Indian Ginseng - known for its adaptogenic and rejuvenative effect.
- **Gotu-kola (Centella asiatica)** - Famous for improving memory and attention as well as maintaining microvascular integrity.
- **Arjuna (Terminalia arjuna)** - A heart tonic; helps regulate lipids.
- **Haitaki (Terminalia chebula)** - Safe and effective digestive tonic.
- **Mucuna (Mucuna pruriens)** - Nervine tonic also shown to be an aphrodisiac.
- **Licorice (Glycyrrhiza glabra)** - Tones up intestines. Rich in flavonoids.
- **Shatavari (Asparagus racemosus)** - Main rejuvenative element for women.





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RECOMMENDED DOSAGE

Presentation: 60 Tablets

Directions for Tablets: Take 1 tablet twice daily, preferably with meals.

Caution: Keep out of direct light and reach of children. The use of natural products provides progressive but long-lasting results. Allow several weeks for full benefits.

KEY RESEARCH

It is now well documented that one of the main chemical reactions involved in aging is free radical damage to cells, especially the very damaging superoxide particles. In healthy young people an enzyme called superoxide dismutase (SOD) scavenges these reactive free radicals and produces hydrogen peroxide which is then eliminated in the form of water by another enzyme called catalase (CAT).

The concentration of those two enzymes is in direct correlation with the degree of protection against the damaging effects of free radicals and is therefore an excellent marker for the antioxidant efficiency of protective formulas.

In a striking placebo-controlled study published in the Annals of the New York Academy of Sciences (Vol 717, June 30, 1994, pp. 170-173), Geriforte® induced a significant increase in the production of both enzymes SOD and CAT, prompting the authors to state that "through the elimination of damaging free radicals responsible for the oxidative damages linked to aging, Geriforte® is an ideal tonic for promoting health and longevity."

OUR DEDICATION TO SCIENCE AND QUALITY

We are dedicated to providing safe and effective natural health products that help "defy aging" and enhance life, naturally. Our scientifically validated natural formulas come from The Himalaya Drug Company, founded in 1930 and a worldwide leader in modern adaptation of an age-old tradition. Rooted in Ayurveda, the Science of Life and Longevity, our carefully balanced herbal blends have been subjected to the modern scrutiny of clinical testing to prove their unparalleled benefits in gently addressing all health concerns. All Himalaya ProSelect® formulas are produced to pharmaceutical quality standards in state-of-the-art facilities and "fingerprinted" for consistency by the most sophisticated chromatographic quality-control techniques.

OUR GUARANTEE

At Himalaya USA®, we focus on science, quality and proven performance, not on esoteric tradition or trendy supplements. Our products have been marketed worldwide for decades and are endorsed by over 200,000 health professionals. We unconditionally guarantee our "Anti-stress and Rejuvenative Formula" for your complete satisfaction.

Monarch
ESSENTIALS

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