



Gastrim®

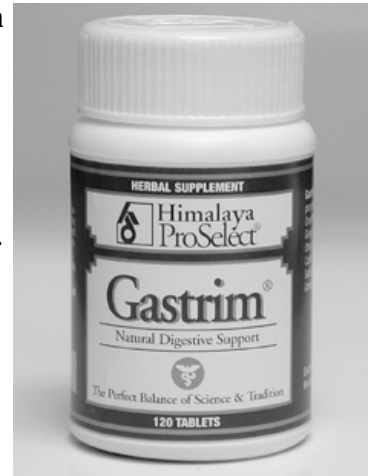
Natural Digestive Support

PRODUCT DESCRIPTION

Gastrim® provides a natural, simple and gentle approach to maintaining a balanced digestive function. It addresses a broad range of gastrointestinal imbalances. It is an effective antiflatulant that alleviates bloating and relieves upset stomach or occasional heartburn and acidity.

Gastrim® contains two minerals from shells very well known in ayurvedic medicine for their digestive properties. One is purified conch shell ashes of silicate magnesium, and the other is the shell of *Cyprea moneta*, a marine species whose ashes contain various salts – phosphate, carbonate and fluoride – of calcium, sodium, magnesium and manganese. The various individual ingredients act synergistically to support the gastrointestinal function through a combination of mechanisms, such as defoaming action, a reduction in surface tension and as a carminative.

Gastrim® ensures that the digestive process efficiently converts ingested food into final products with a perfect balance of all factors involved.



MAIN INGREDIENTS

Himalaya ProSelect® formulas are derived from traditional ayurvedic remedies whose key ingredients are combined to achieve safe and synergistic effects. One active ingredient may be buffered by others while certain ingredients play the role as adjuvants, by strengthening the digestive system or helping to remove wastes. Others are included to increase bioavailability and enhance absorption. No single active constituent has the broad activity of the entire plant and no single plant has the activity and safety of carefully formulated blends.

- **Crowfoot** (*Aconitum palmatum*) - Bitter tonic used to maintain healthy bowels.
- **Black Pepper** (*Piper nigrum*) - Stimulative and carminative spice that enhances the absorption of other ingredients.
- **Amalaki - Indian Gooseberry** (*Emblica officinalis*) - High in natural Vitamin C, used as a cardiovascular tonic and as an effective support for stomach function.
- **Ginger** (*Zingiber officinale*) - Widely used, tasty condiment. Stimulant of the gastro-intestinal and digestive tracts.
- **Triphala** (*Amala, Vibhitaka, Haritaki*) - Synergistic combination of three well-known fruits. Excellent intestinal cleanser, adaptogenic and rejuvenator.
- **Haitaki** (*Terminalia chebula*) - Safe and effective purgative, expectorant and tonic.



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• RECOMMENDED DOSAGE

Presentation: 120 Tablets

Directions: Take 1 or 2 tablets before meals or as needed.

Caution: Keep out of direct light and reach of children.

The use of natural products provides progressive but long-lasting results.

Allow several weeks for full benefits.

• KEY RESEARCH

Gastrim® is effective in restoring digestive comfort. In a study published in Indian Practitioner (1978):3, 127, 100 cases used **Gastrim®** in order to relieve symptoms associated with gas, bloating, and gastrointestinal discomfort. All cases showed considerable improvement with 70% getting complete comfort with absolutely no side effects recorded.

• OUR DEDICATION TO SCIENCE AND QUALITY

We are dedicated to providing safe and effective natural health products that help “defy aging” and enhance life, naturally. Our scientifically validated natural formulas come from The Himalaya Drug Company, founded in 1930 and a worldwide leader in modern adaptation of an age-old tradition. Rooted in Ayurveda, the Science of Life and Longevity, our carefully balanced herbal blends have been subjected to the modern scrutiny of clinical testing to prove their unparalleled benefits in gently addressing all health concerns. All **Himalaya ProSelect®** formulas are produced to pharmaceutical quality standards in state-of-the-art facilities and “fingerprinted” for consistency by the most sophisticated chromatographic quality control techniques.

• OUR GUARANTEE

At **Himalaya ProSelect®**, we focus on science, quality and proven performance, not on esoteric tradition or trendy supplements. Our products have been marketed worldwide for decades and are endorsed by over 100,000 health professionals. We unconditionally guarantee our “Natural Digestive Support Formula” for your complete satisfaction.

Monarch
ESSENTIALS

Exclusive distribution in Canada by Monarch Essentials

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These statements have not been evaluated by the FDA.

This product and the information provided are not intended to diagnose, treat, cure,
or in any way replace qualified medical supervision.

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